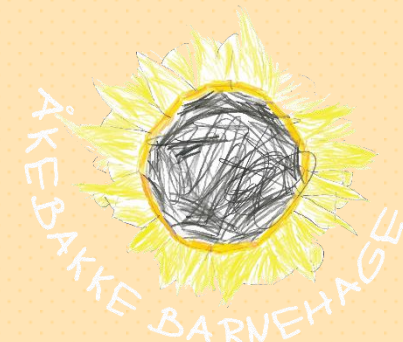


# ANNUAL PLAN 2023-2025

## ÅKEBAKKE BARNEHAGE



Velkommen

Bienvenido

欢迎

добро пожаловать

स्वागत

Welcome

Ласкаво просимо

Willkommen

Hoş geldin

Välkommen

خوش آمدی

soo dhawoow

Dobrodošli

いらっしやいませ

स्वागत

## CONTACT INFORMATION

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Inger Leithe - bhg.lærer (100%)

Marianne Rundtom - fagarbeider (100%)

Ane Volden - assistent (100%)

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Joakim Syversen - fagarbeider (100%)

**Substitutes**

Ressursen

Acapedia

Flexi bemanning

Egne ringevikarer

Dear parents and children,

Welcome to a new and exciting preschool year at Åkebakke kindergarten! We hope you've had a wonderful summer and are ready to embark on new adventures and challenges with us.

We warmly welcome both new and returning children. It's always a joy to see familiar smiles and new faces, and we look forward to getting to know all of you.

In the upcoming year, we will continue to focus on important values such as sustainability, life skills, and health. We aim to teach children the importance of caring for the environment, as well as developing good habits for physical activity and healthy lifestyle choices. These values are believed to shape the children's future in a positive way.

At the same time, we are mindful that play and language are cornerstones of our daily kindergarten life. Through play, children explore the world around them, develop social skills, and learn to collaborate. Language is the key to all learning, and we will actively work to stimulate the children's language development through diverse and exciting activities.

We look forward to a fulfilling year with many wonderful moments, experiences, and achievements. We will also facilitate strong relationships between the children, staff, and you, the parents, as we believe that good collaboration is essential for the children's well-being and development.

Feel free to reach out to us if you have any questions, concerns, or suggestions. Together, we can create a safe and inclusive environment where children can thrive and unfold.



## FOCUS AREAS 2023 «OSS I VERDENSBILDET” (Us in the worldview)

### SUSTAINABILITY

Sustainable development means that: «people living today meet their basic needs without destroying the ability of future generations to meet theirs» (Framework plan, pg 10)

Promoting sustainability in the kindergarten profession is crucial not only for the current generation, but also for the welfare of future generations. This involves creating an awareness of our impact on the environment, promoting a responsibility for nature, and developing sustainable solutions. In practice, this can include activities such as recycling, conservation of resources, learning about ecosystems and participation in projects that emphasize reducing our ecological footprint. By teaching children about sustainability, we empower them to become reflective and responsible global citizens who are able to make informed decisions for a better future.

Our kindergarten must be a place that promotes care for the world we live in, both here and now and in the future. The children must see the value in taking care of themselves, each other, and nature, and we want to teach the children to think critically, act ethically and show solidarity. We use the nursery's immediate area, the forest, as an arena for play and learning where we have free access to good experiences in nature. The children get nature experiences and get to know nature's diversity, and the nursery school wants to contribute to creating a sense of belonging to nature.



**Goal:** The kindergarten will help the children to understand that today's actions have consequences for the future.

#### **What does that mean to us?:**

- The children must learn to take care of themselves, each other, and nature.
- The children will get nature experiences and get to know nature's diversity.
- The children will take part in processes of reuse, self-production of food, and reduce of food waste.
  
- The staff show excitement for being out in nature.
- The staff are curious together with the children.
- The staff are good role models when it comes to reuse, waste, and responsible consumption.

## LIFE SKILLS AND HEALTH

«They shall contribute to the children's well-being, happiness, attainment and feeling of self-worth, and they shall combat harassment and bullying.» (Framework plan for kindergarten, pg. 11)

**Goal:** *The kindergarten shall promote the children's physical and mental health.*

### **What does that mean to us?:**

- The children should experience coping, physical activity, and possibility for rest.
- The children should experience security, enjoyment of life, and a sense of self-worth.
- The children should experience good relationships and that they are part of the group.
  
- The staff is close and present throughout the day.
- The staff facilitates both physical activity, and rest.
- The staff are good role models in their relationships with others, both children and staff.



The children's well-being, development and holistic growth are at the center of our educational approach. By promoting physical and mental health, inclusion, diversity, identity, and positive relationships, we give the children a platform for good life skills. In a practical sense, this means creating a caring environment where children feel valued, respected, and able to explore interests and skills. The children must be supported to master adversity, deal with challenges, and get to know their own and other people's feelings.

By working with life skills such as good self-esteem, problem solving and conflict management, children are equipped with the tools they need to handle challenges and thrive in a complex world. Our aim is to foster a positive self-esteem and a strong sense of belonging, thereby helping children to develop into confident and resilient individuals who can embrace life's opportunities and overcome obstacles.

The nursery should be an arena for daily physical activity, promoting enjoyment of movement, and motor development.

### **The kindergarten must promote friendship and community**

«In kindergarten all children shall feel that they are important members of the group and engage in positive interaction with children and adults..»  
(Framework plan for kindergarten, pg. 22)

Together with others, the children's self-image and own perception of "who I am" is formed. Safe and caring relationships are important cornerstones in every person's life. It is up to us adults, we must build trust and security in the children. With us, all the children should be able to experience being part of the community, friendship, and good relationships. We are not so concerned with the term "best friend". You can have many good friends, we think, but everyone should be given the opportunity and help to have someone to play with.



### **Kindergartens shall promote communication and language**

«All children shall receive appropriate language stimulation in kindergarten ...»  
(Framework plan for kindergarten, pg. 23)

Children need a personal language to express how they feel, and we have to facilitate for a good language environment in the kindergarten. We see all situations as good language opportunities, whether it is in bathroom situation, meal, play or reading time. We focus on language development in small groups, both organized as pure language groups, and generally throughout the kindergarten day.

Children who grow up multilingual must encounter the Norwegian language in kindergarten, at the same time as we encourage parents to speak their mother tongue with their children at home. It is important for the children's identity and belonging, as these are languages that are closest to the parents (we call that for the "language of the heart").

### **The subject areas in the kindergarten:**

- Communication, language and text
- Body, movement, food and health
- Art, culture and creativity
- Nature, environment and technology
- Number, space and shape
- Ethics, religion and philosophy
- Local environment and society

«Kindergartens shall view the learning areas in context, and all learning areas shall be recurring themes in the kindergarten content...

...Kindergartens shall build on the children's enthusiasm and contributions so that the learning areas come to be seen as a meaningful and fun part of kindergarten life...

...The learning areas are substantially the same as the subjects that the children will subsequently encounter at school.» (Framework plan for kindergarten, pg. 47)

## THE KINDERGARTEN'S WORKING METHODS:

### STAFF WHO ARE CLEAR AND PRESENT ADULTS

In practice, this means staff who;

- \* shows care and creates security
- \* observes and supports children in play
- \* participates/are close and is present in play
- \* guides the children when needed
- \* is an adult the children trust in both good and challenging situations

### PROJECT WORK

Working project-based is about tackling a theme, something we/the children are interested in, or a shared experience. How long we work on a theme varies from one day to several weeks. The children's interests and involvement must largely govern what the theme work contains.

## P A R E N T A L I N V O L V E M E N T

### SMALL GROUPS

We want to give the children the best opportunity to contribute to the everyday life in kindergarten. This is easier in small groups.

They get more peace of mind to concentrate, it is easier to assert one's opinion, and we ensure closer contact between children and staff.

The composition of the groups varies based on different situations, whether it's trips, language groups, playgroups etc.

### PROGRESSION

It is important that each individual child experiences development and progress. The staff will make arrangements for all age groups to have varied play, activity and learning opportunities. Then the children will experience mastery at their level, and at the same time have something to strive for.

## CALENDAR/IMPORTANT DATES 2023/2024

August	September	October	November
1	1	1	1
2	2	2 Autumn break - open Week 40	2
3	3	3	3
4	4 Week 36	4	4
5	5	5	5
6	6	6	6 Week 45
7 Week 32	7 Parents meeting	7	7
8	8	8	8
9	9	9 Week 41	9 PJ Thursday
10	10	10	10
11	11 Week 37	11	11
12	12	12	12
13	13	13	13 Week 46
14 Planing day -closed Week 33	14	14	14
15 Planing day -closed	15	15	15
16	16	16 Solidarity week (FORUT) Week 42	16
1	17	17	17 Planning day -closed
18	18 Fire protection week Week 38	18	18
19	19	19 Reflex day	19
20	20	20	20 Week 47
21 Week 34	21	21	21
22	22	22	22
23	23	23 Week 43	23
24	24	24 Art cafe for children and parents	24
25	25 Week 39	25	25
26	26	26	26
27	27	27	27 Week 48
28 Week 35	28	28	28
29	29	29	29
30	30	30 Week 44	30
31		31	



December	January	February	March
1	<b>1</b> Week 1	1	1
<b>2</b>	2	2	<b>2</b>
<b>3</b>	3	<b>3</b>	<b>3</b>
4 Week 49	4	<b>4</b>	4 Week 10
5 Christmas feest for the children	5	5 Sami days Week 6	5 Winter activity day
6	<b>6</b>	6 Sami days	6
7	<b>7</b>	7	7
8	8 Week 2	8	8
<b>9</b>	9	9	<b>9</b>
<b>10</b>	10	<b>10</b>	<b>10</b>
11 Week 50	11	<b>11</b>	11 Week 11
12	12	12 Week 7	12
13 Lucia celebration in the afternoon	<b>13</b>	13 Carnival	13
14	<b>14</b>	14	14
15	15 Week 3	15	15
<b>16</b>	16	16	<b>16</b>
<b>17</b>	17	<b>17</b>	<b>17</b>
18 Week 51	18	<b>18</b>	18 Week 12
19	19	19 Winter holiday - open Week 8	19
20 Santa Party	<b>20</b>	20	20
21	<b>21</b>	21	21 Easter breakfast with children and parents
22	22 Week 4	22	22
<b>23 Christmas holiday - closed</b>	23	23	<b>23 Easter holiday - closed</b>
<b>24</b>	24	<b>24</b>	<b>24</b>
25 Week 52	25	<b>25</b>	25 Week 13
<b>26</b>	26	26 Week 9	<b>26</b>
<b>27</b>	<b>27</b>	27	<b>27</b>
<b>28</b>	<b>28</b>	28	<b>28</b>
29	29 Week 5		29
<b>30</b>	30		<b>30</b>
<b>31</b>	31		<b>31</b>

April		May		June		July	
1	Week 14	1	Labor day- closed	1		1	Week 27
2		2		2		2	
3		3		3	Playroom week Week 23	3	
4		4		4	Parents meeting - new parents	4	
5		5		5		5	
6		6	Week 19	6		6	
7		7		7		7	
8	Week 15	8		8		8	Summer closed Week 28
9		9	Ascension day -closed	9		9	
10		10	Planning day - closed	10	Week 24	10	
11		11		11		11	
12		12		12	Summer party for children and parents	12	
13		13	Planting day Week 20	13		13	
14		14		14		14	
15	Week 16	15		15		15	Week 29
16		16		16		16	
17		17	Constitution day - closed	17	Pride week Week 25	17	
18		18		18		18	
19		19		19		19	
20		20	The second day of Pentecost - closed Week 21	20		20	
21		21		21		21	
22	Trafic safety week Week 17	22		22		22	Week 30
23		23		23		23	
24		24		24	Planning day - closed Week 26	24	
25		25		25		25	
26		26		26		26	
27		27	Week 22	27		27	
28		28		28		28	
29	Week 18	29		29		29	SFO start for school starters Week 31
30		30		30		30	
		31				31	

Start of new kindergarten year is Monday August the 5th. The calendar is subject to change. Any changes will be notified by email. The kindergarten is closed on all red dates.